



Advanced
Pediatric
Associates_{LLP}

Developmental Milestones

Early Teens 11 - 14 Years

Your Early Teen Needs ...

- ◆ To develop a sense of self-esteem
- ◆ To have more independence
- ◆ A supportive person for accurate information on sex
- ◆ Help in learning ways to say no to sexual pressure and to other risky behavior
- ◆ Information about how to prevent pregnancy, sexually transmitted disease and HIV
- ◆ To know they are responsible for the consequences of their sexual activity
- ◆ Information about healthy sexual behaviors—such as masturbation, sex dreams—and sexual orientation
- ◆ To understand that normal sexual development includes interest and curiosity about members of the same sex

Hand in Hand for Healthier Teens!